## TOMBLING 101

## **Intro to Gymnastics**

"Tumbling 101" is aimed at both boys and girls from toddler-age and on up!

We will work on tumbling drills.....
also incorporate stretching and some simple conditioning while prepping for more intensive gymnastic moves.

Come join in on the fun!





Class Days: Saturday mornings beginning May 21st!

Class Times: 9:00a.m. (2-3yrs) 9:45am (4-7yrs)

10:30a.m. (8yrs and up)

Where: Eudora Community Center, 1630 Elm Street

Price: \$50 per six-week session (or \$10 per class)

PLEASE WAIT TO PAY INSTRUCTOR ON CLASS DAY!!!

For more info email or call Kristy @ (913) 375-2664 or kristyspellman@yahoo.com

## Name: \_\_\_\_\_ Age: \_\_\_ DOB: \_\_\_\_ Phone #: \_\_\_\_ Email: \_\_\_\_ Parent's Name(s): \_\_\_\_ Parent's permission signature:

Waiver: In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Eudora Recreation Dept., and USD #491, its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Recreation Dept. and above named parties. Parent and guardian must sign for anyone age 18 and under. Your child (ren) may be photographed during this activity with the images used only for EP&R promotions.